

CSM Chicago Sample Schedule

<u>Sunday</u> (Day 1)	6:00 pm	Arrive at CSM housing and unpack
	7:00 pm	Dinner at Vietnamese Restaurant
	8:00 pm	Prayer tour of the city
	10:00 pm	Debriefing and Lights out
<u>Monday</u> (Day 2)	7:30 am	Breakfast at CSM and Devotions led by group leader
	8:30 am	Depart for Casa Central School Age program. Our group will help the teachers and lead some activities. Lunch will be provided there.
	2:30 pm	Return to CSM housing to clean up and rest
	4:00 pm	Depart for Good News Community Church's Soup Kitchen. We'll help serve the meal, eat and visit with the guests.
	7:30 pm	Return to CSM housing for debriefing
	8:30 pm	Ice cream at Café Victoria
	11:00 pm	Return to CSM housing, Lights out
<u>Tuesday</u> (Day 3)		Repeat morning schedule from Day 2
	4:00 pm	Depart for Cornerstone Community Outreach. Help serve the meal, eat with families, and play with kids.
	9:00 pm	Return to CSM housing for debriefing
	11:00 pm	Lights out
<u>Wednesday</u> (Day 4)		Repeat morning schedule from Day 2
	4:00 pm	Leave for Lou Malnati's Pizzeria
	5:45 pm	Depart for the Greater Chicago Food Depository to help sort food for repackaging and redistribution.
	9:00 pm	Return to CSM housing for debriefing
	11:00 pm	Lights out
<u>Thursday</u> (Day 5)		Repeat morning schedule from Day 2
	5:30 pm	Picnic dinner from Café Victoria
	7:00 pm	Worship led by CSM staff with speaker involved in urban ministry.
	9:30 pm	Debriefing
	11:00 pm	Lights out
<u>Friday</u> (Day 6)		Repeat morning schedule from Day 2
	5:00 pm	Immersion night
	11:00 pm	Return to CSM housing for Lights out
<u>Saturday</u> (Day 7)	8:00 am	Breakfast at Café Victoria
	9:00 am	Closing, clean, pack-up, and depart

Note: Because CSM wants to customize your trip for your group, not only will ministry sites vary every day, but scheduling can also accommodate special events that you may have arranged or that we may have arranged for you.

CSM Washington DC Sample Schedule

<u>Sunday</u> (Day 1)	5:00 pm	Arrive at CSM housing, unpack, and get to know host.
	5:30 pm	Orientation and Dinner at Taste of India
	7:00 pm	Prayer Tour
	10:30 pm	Lights Out
<u>Monday</u> (Day 2)	5:30 am	Depart for Miriam's Kitchen for breakfast shift
	9:30 am	DC Central Kitchen for meal prep
	2:00 pm	Boys and Girls Club afterschool program
	6:00 pm	Dinner at Old City Cafe
	8:30 pm	Evening Debrief at WWII memorial
	11:00 pm	Lights Out
<u>Tuesday</u> (Day 3)	7:00 am	Breakfast and Devotions
	9:30 am	Food and Friends for meal prep and delivery
	2:00 pm	Boys and Girls Club afterschool program
	6:00 pm	Dinner at Wok and Roll Chinese restaurant
	7:30 pm	Evening Debrief at tidal basin
	11:00 pm	Lights Out
<u>Wednesday</u> (Day 4)	5:30 am	Depart for Miriam's Kitchen for breakfast shift
	9:30 am	Brethren Nutrition program to prepare and serve lunch
	2:00 pm	Boys and Girls Club after school program
	6:00 pm	Dinner at Jandara Thai
	7:30 pm	Evening Debrief at Jefferson Memorial
	11:00 pm	Lights Out
<u>Thursday</u> (Day 5)	7:00 am	Breakfast and Devotions
	9:00 am	Martha's Table for lunch and dinner prep
	2:00 pm	Boys and Girls Club after school program
	6:00 pm	Dinner at Pollo Granjero
	8:00 pm	Evening Debrief at Washington Monument
	11:00 pm	Lights Out
<u>Friday</u> (Day 6)	5:30 am	Depart for Miriam's Kitchen for breakfast shift
	9:30 am	Vision DC for sorting clothing and helping with distribution
	2:00 pm	Boys and Girls Club afterschool program
	6:00 pm	Dinner at Ben's Chili Bowl
	7:30 pm	Evening Debrief at Lincoln Memorial
	11:00 pm	Lights Out
<u>Saturday</u> (Day 7)	8:00 am	Breakfast and Devotions
	9:00 am	Closing, clean, pack-up, and depart.

Note: Because CSM wants to customize your trip for your group, not only will ministry sites vary every day, but scheduling can also accommodate special events that you may have arranged or that we may have arranged for you.

CSM Denver Sample Schedule

<u>Sunday</u> (Day 1)	5:00 pm	Arrive at CSM housing, unpack, and get to know host.
	5:30 pm	Leader's meeting
	6:00 pm	Group Orientation
	7:00 pm	Dinner at Vietnamese restaurant
	8:00 pm	Prayer Tour
	10:00pm	Debriefing
	11:00 pm	Lights Out
<u>Monday</u> (Day 2)	7:00 am	Breakfast and Devotions
	8:00 am	The Gathering Place (transitional housing for women/children)
	2:00pm	Ethnic Plunge
	7:00 pm	Dinner at Indian restaurant
	8:30 pm	Debrief
	11:00 pm	Lights Out
<u>Tuesday</u> (Day 3)	7:00 am	Breakfast and Devotions
	9:00 am	Compa Food Bank
	5:00 pm	Denver Rescue Mission-Soup Kitchen
	7:00 pm	Dinner at Polish restaurant
	8:30 pm	Debrief
	11:00 pm	Lights Out
<u>Wednesday</u> (Day 4)	7:00 am	Breakfast and Devotions (pack lunches)
	9:00 am	Delores Project-women's shelter
	3:00 pm	Ethnic Plunge
	5:00 pm	Dinner at Thai Restaurant
	8:30 pm	Debrief
	11:00 pm	Lights Out
<u>Thursday</u> (Day 5)	7:00 am	Breakfast and Devotions (pack lunches)
	8:30 am	Dry Bones-street youth program
	5:00 pm	City Immersion-Dinner included
	8:00 pm	Debrief
	11:00 pm	Lights Out
<u>Friday</u> (Day 6)	7:00 am	Breakfast and Devotions
	8:00 am	Capital Hill Community Services-homeless outreach
	4:00 pm	Neighborhood Ministries-youth leadership program
	7:00 pm	Dinner at Middle Eastern restaurant
	8:00 pm	Debrief
	11:00 pm	Lights Out
<u>Saturday</u> (Day 7)	8:00 am	Breakfast and Devotions
	9:00 am	Closing, clean, pack-up, and depart.

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CSM Houston Sample Schedule

<u>Sunday</u> (Day 1)	5:30 pm	Arrive at CSM housing and unpack
	7:00 pm	Dinner at El Petate (Salvadorian)
	8:30 pm	Orientation and expectations
	11:00 pm	Lights out
<u>Monday</u> (Day 2)	7:00 am	Depart for The Waystation to help cook/serve breakfast
	12:00 am	Lunch
	2:00 pm	Serve at Clayton Homes Boys & Girls Club
	5:30 pm	Dinner at Thai Spice
	7:00 pm	Prayer Tour and reflection
	11:00 pm	Return to CSM housing for lights out
<u>Tuesday</u> (Day 3)	8:00 am	Breakfast at CSM and Devotions led by group leader
	9:30 am	City Search (Inner City Scavenger Hunt)
	2:00 pm	Depart for the Harbor Light Center men's shelter
	6:30 pm	Dinner at This Is It (Soul Food)
	7:30 pm	Concert with Harbor Light Choir
	8:00 pm	Return to CSM housing for debrief
	11:00 pm	Lights out
<u>Wednesday</u> (Day 4)	8:00 am	Breakfast at CSM and Devotions led by group leader
	9:00 am	Depart for the Houston READ Commission tutoring adults
	1:30 pm	Depart for the Houston Food Bank
	5:30 pm	Dinner at Reggae Hut (Jamaican)
	7:30 pm	Debrief at a park (weather permitting)
	11:00 pm	Lights out
<u>Thursday</u> (Day 5)	7:00 am	Breakfast at CSM and Devotions led by group leader
	8:00 am	Depart for Interfaith Kid's Meals food delivery
	1:30 pm	Depart to work with Alzheimer's patients at Sheltering Arms
	6:30 pm	Dinner at Yildizlar (Middle Eastern)
	8:00 pm	Debrief at the Water Wall
	11:00 pm	Lights out
<u>Friday</u> (Day 6)	8:00 am	Breakfast at CSM and Devotions led by group leader
	9:00 am	Depart for SEARCH – resource center for the homeless
	1:30 pm	Depart for Star of Hope Women and Family Shelter
	6:00 pm	Dinner at Pho Huy Tan (Vietnamese)
	7:30 pm	Final Challenge and Evaluations
	11:00 pm	Lights out
<u>Saturday</u> (Day 7)	8:00 am	Breakfast at housing
	9:00 am	Closing, clean, pack-up, and depart

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CSM Los Angeles Sample Schedule

<u>Sunday</u> (Day 1)	5:00 pm	Arrive at CSM housing, unpack, and leader's meeting
	5:30pm	Group Orientation
	7:00 pm	Dinner at a Nicaraguan Restaurant
	8:00 pm	Prayer Tour
	10:00 pm	Return to CSM housing for debrief and lights out
<u>Monday</u> (Day 2)	7:00 am	Depart for St. Francis Center to serve breakfast to homeless
	10:30am	Devotions in downtown park
	11:00am	Meet a Need activity
	2:00 pm	*Depart for Hollywood Boys and Girls Club
	5:30 pm	Dinner at an Ethiopian Restaurant
	7:30 pm	Return to CSM housing for debrief and lights out
<u>Tuesday</u> (Day 3)	7:00 am	Devotions and breakfast at CSM housing
	8:30 am	Depart for Faith in Christ ministries
	2:30 pm	*Union Rescue Mission Family Floor to play with kids
	5:30 pm	Return to CSM housing
	5:00pm	FREE NIGHT
	10:00 pm	Return to CSM housing for lights out
<u>Wednesday</u> (Day 4)	7:00 am	Devotions at CSM housing
	7:30 am	Ride metro downtown for Breakfast Search to share breakfast with homeless
	9:30 am	Walk to ministry site, Los Angeles Mission.
	2:45 pm	*Las Familias del Pueblo to play with children
	5:00 pm	Ride metro back to CSM housing to get ready for evening
	6:30 pm	Dinner at a Vietnamese Restaurant
	7:30 pm	Depart for Water Courts to Debrief
	9:30 pm	Return to CSM for lights out
<u>Thursday</u> (Day 5)	8:00 am	Devotions and breakfast at CSM housing
	9:30 am	Pack sack lunches
	10:00 am	Depart for Lighthouse Church of God in Christ, food distribution
	2:30 pm	*Salvation Army to play with children
	6:30 pm	Dinner at a Thai Restaurant
	10:00 pm	Return to CSM housing for debrief and lights out
<u>Friday</u> (Day 6)	8:00 am	Devotions and breakfast at CSM housing
	9:00 am	Drive downtown for City Search Scavenger Hunt
	2:30 pm	*Lighthouse Kids Program
	6:30 pm	Dinner at an Armenian Restaurant
	7:30 pm	Debrief and Affirmation at the beach
	10:30 pm	Return to CSM housing for lights out
<u>Saturday</u> (Day 7)	7:00 am	Breakfast at CSM housing.
	8:00 am	Closing, clean, pack-up
	9:00 am	Final Challenge
	10:00 am	Depart

*The various children's programs in the afternoons may be replaced by a five-day VBS at the same site each afternoon.

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CSM Nashville Sample Schedule

<u>Sunday</u> (Day 1)	4:00 pm	Arrive at CSM housing and unpack
	4:15 pm	Leaders Meeting and Group Orientation
	5:30 pm	Depart for dinner at ethnic restaurant
	10:00 pm	Lights Out
<u>Monday</u> (Day 2)	8:30 am	Rise and Shine, Breakfast at CSM and pack lunches
	9:45 am	Devotions by group leader
	10:15 am	Prayer Tour with Lunch at City Park
	1:30 pm	Depart for Catholic Charities
	5:00 pm	Depart for dinner at ethnic restaurant
	8:30 pm	Debrief
	10:30 pm	Lights Out
<u>Tuesday</u> (Day 3)	8:00 am	Rise and Shine, Breakfast at CSM and pack lunches
	9:00 am	Devotions by group leader
	9:30 am	Depart for Community Care Fellowship to work, serve, and eat lunch
	1:00 pm	Urban Exposure
	5:00 pm	Return to CSM housing
	6:00 pm	Depart for dinner at ethnic restaurant
	8:30 pm	Debrief
	10:30 pm	Lights Out
<u>Wednesday</u> (Day 4)	4:00 am	Rise and Shine
	4:30 am	Depart for Nashville Rescue Mission to serve and eat breakfast
	7:00 am	Return to CSM housing for more sleep
	9:30 am	Devotions by group leader
	10:00 am	Pack lunches and Depart for Knowles Senior Center
	2:30 pm	Depart for Operation Hydration
	5:00 pm	Depart for dinner at ethnic restaurant
	8:30 pm	Debrief
	10:30 pm	Lights Out
<u>Thursday</u> (Day 5)	9:00 am	Rise and Shine, Breakfast at CSM
	10:00 am	Devotions by group leader
	10:30 am	Depart for Isaiah 58 to serve and eat lunch
	1:15 pm	Depart for East Nashville Co-op
	3:00 pm	Return to CSM housing for debrief
	4:30 pm	Music City Night Off
	10:30 pm	Lights Out
<u>Friday</u> (Day 6)	7:00 am	Rise and Shine, Breakfast at CSM and pack lunches
	8:00 am	Devotions by group leader
	8:30 am	Depart for YCAP to work and eat lunch
	12:00 pm	Depart for Operation Hydration
	3:30 pm	Depart for Campus for Human Development to serve and eat dinner
	8:30 pm	Debrief
	10:30 pm	Lights Out
<u>Saturday</u> (Day 7)	7:00 am	Rise and Shine, Breakfast at CSM
	8:00 am	Clean CSM housing
	8:30 am	Load luggage and depart

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CSM New York City Sample Schedule

<u>Sunday</u> (Day 1)	5:00 pm	Arrive at CSM housing, unpack, and get to know host.
	5:30 pm	Leader's meeting
	6:00 pm	Subway Orientation
	7:00 pm	Dinner at Nha Trang (Vietnamese restaurant)
	8:00 pm	Orientation at housing site
	11:00 pm	Lights Out
<u>Monday</u> (Day 2)	7:00 am	Breakfast and Devotions
	8:00 am	Prayer Tour-all day
	7:00 pm	Dinner at Sonar Gaow (Indian restaurant)
	8:00 pm	Ice cream at non-profit store
	8:30 pm	Debrief
	11:00 pm	Lights Out
<u>Tuesday</u> (Day 3)	7:00 am	Breakfast and Devotions
	10:00 am	We Care Soup Kitchen Little Rock Church (lunch included, lead devotional)
	5:00 pm	Father's Heart Ministries (children)
	7:00 pm	Dinner at Neptune (Polish restaurant)
	8:30 pm	Debrief
	11:00 pm	Lights Out
<u>Wednesday</u> (Day 4)	7:00 am	Breakfast and Devotions (pack lunches)
	9:00 am	Food Bank for NYC-Hunts Point Cooperative Market (lunch included)
	3:00 pm	Harlem Plunge
	5:00 pm	Dinner at Le Baobab (Senegalese restaurant)
	8:30 pm	Debrief
	11:00 pm	Lights Out
<u>Thursday</u> (Day 5)	7:00 am	Breakfast and Devotions (pack lunches)
	8:00 am	Furnish a Future-Partnership for the Homeless (lunch included)
	3:30 pm	Neighborhood Immersion
	8:30 pm	Debrief
	11:00 pm	Lights Out
<u>Friday</u> (Day 6)	7:00 am	Breakfast and Devotions
	8:00 am	Trinity Lower East Side Lutheran Soup Kitchen
	3:00 pm	Operation Exodus
	6:00 pm	Dinner at Malecon (Dominican Restaurant)
	8:30 pm	Debrief
	11:00 pm	Lights Out
<u>Saturday</u> (Day 7)	8:00 am	Breakfast and Devotions
	9:00 am	Closing, clean, pack-up, and depart.

Note: Because CSM wants to customize your trip for your group, not only will ministry sites vary every day, but scheduling can also accommodate special events that you may have arranged or that we may have arranged for you.

CSM Philadelphia Sample Schedule

Sunday (Day 1) 4:00 pm Arrive at CSM housing, unpack, and get to know host
5:00 pm Orientation
6:00 pm Dinner at Pho Hoa (Vietnamese)
7:00 pm Prayer Tour
8:30 pm Debrief
11:00 pm Lights Out

Monday (Day 2) 7:30 am Breakfast and Devotions
7:30 am Depart for Meals on Wheels feeding program
1:00 pm Depart for Kids Summer Camp
6:00 pm Dinner at New Delhi (Indian)
8:00 pm Debrief
11:00 pm Lights Out

Tuesday (Day 3) 7:30 am Breakfast and Devotions
9:00 am Depart for Food Bank to sort food
1:00 pm Depart for Kids Summer Camp
6:00 pm Dinner at Saad's (Middle Eastern)
8:00 pm Debrief
11:00 pm Lights Out

Wednesday (Day 4) 7:30 am Breakfast and Devotions
9:00 am Depart for Men's Shelter
1:00 pm Depart for Kids Summer Camp
6:00 pm Cheese Steak Dinner Night
7:00 pm Worship Night
9:00 pm Debrief
11:00 pm Lights Out

Thursday (Day 5) 7:30 am Breakfast and Devotions
8:30 am Depart for the City Survey
1:00 pm Depart for Kids Summer Camp
6:00 pm Dinner at Old San Juan (Puerto Rican)
8:00 pm Debrief
11:00 pm Lights Out

Friday (Day 6) 7:30 am Breakfast and Devotions
9:00 am Depart for Donation Sorting
1:00 pm Depart for Kids Summer Camp
6:00 pm Dinner at Caribbean Delight (Jamaican)
8:00 pm Debrief
11:00 pm Lights Out

Saturday (Day 7) 8:00 am Breakfast and Devotions
9:00 am Closing, clean, pack-up, and depart.

Note: Because CSM wants to customize your trip for your group, not only will ministry sites vary every day, but scheduling can also accommodate special events that you may have arranged or that we may have arranged for you.

CSM San Francisco Sample Schedule

Due to the smaller size of the city and ministry sites, teams will be divided into small groups of 7 to 10 and will rotate ministry sites throughout the week. There are limited opportunities for an entire group to serve together.

<u>Sunday</u> (Day 1)	5:00 pm	Arrive at CSM housing, unpack, and leader's meeting
	7:00 pm	Dinner at Vietnamese restaurant
	8:30 pm	Group Orientation
	11:00 pm	Lights Out
<u>Monday</u> (Day 2)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 people depart for San Francisco sites
	1:00 pm	Small groups depart on San Francisco City Search activity
	6:30 pm	Dinner at Indian restaurant
	7:30 pm	San Francisco Prayer Tour
	9:00 pm	Debriefing
	11:00 pm	Lights out
<u>Tuesday</u> (Day 3)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 people depart for East Bay ministry sites
	1:00 pm	Small groups depart for East Bay afternoon sites
	6:30 pm	Dinner at Cambodian Restaurant
	8:00 pm	Debriefing
	11:00 pm	Lights Out
<u>Wednesday</u> (Day 4)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 people depart for San Francisco sites
	1:00 pm	Small groups depart for San Francisco afternoon sites
	6:00 pm	Dinner on your own and FREE NIGHT!
	11:00 pm	Lights Out
<u>Thursday</u> (Day 5)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 people depart for East Bay sites
	1:00 pm	Small groups depart for East Bay afternoon sites
	6:30 pm	Burritos from local Taqueria at San Francisco housing site
	8:00 pm	Worship Night and Debriefing
	11:00 pm	Lights Out
<u>Friday</u> (Day 6)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 depart for San Francisco sites
	5:30 pm	Dinner at Mediterranean Restaurant
	6:30 pm	Optional: ice cream at Ghirardelli Square
	8:30 pm	Final Debriefing and Evaluations
	11:00 pm	Lights Out
<u>Saturday</u> (Day 7)	7:00 am	Breakfast
	8:00 am	Closing, clean and pack-up
	9:00 am	Send-off prayer and depart for home

Note: Because CSM wants to customize your trip for your group, not only will ministry sites vary every day, but scheduling can also accommodate special events that you may have arranged or that we may have arranged for you.

****See next page for Oakland****

CSM Oakland Sample Schedule

Due to the smaller size of the city and ministry sites, teams will be divided into small groups of 7 to 10 and will rotate ministry sites throughout the week. There are limited opportunities for an entire group to serve together.

<u>Sunday</u> (Day 1)	5:00 pm	Arrive at CSM housing, unpack, and leader's meeting
	7:00 pm	Dinner at Cambodian restaurant
	8:30 pm	Group Orientation
	11:00 pm	Lights Out
<u>Monday</u> (Day 2)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 people depart for East Bay sites
	1:00 pm	Small groups depart for afternoon East Bay sites
	6:30 pm	Dinner at Indian restaurant
	7:30 pm	East Bay Prayer Tour
	9:00 pm	Debriefing
	11:00 pm	Lights out
<u>Tuesday</u> (Day 3)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 people depart for San Francisco ministry sites
	1:00 pm	Small groups depart on San Francisco City Search Activity
	5:30 pm	Dinner at Mediterranean Restaurant
	6:30 pm	Optional: ice cream at Ghirardelli Square
	8:30 pm	Debriefing
	11:00 pm	Lights Out
<u>Wednesday</u> (Day 4)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 people depart for East Bay sites
	1:00 pm	Small groups depart for East Bay afternoon sites
	6:00 pm	Dinner on your own and FREE NIGHT!
	11:00 pm	Lights Out
<u>Thursday</u> (Day 5)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 people depart for San Francisco sites
	1:00 pm	Small groups depart for San Francisco afternoon sites
	6:30 pm	Burritos from local Taqueria at San Francisco housing site
	8:00 pm	Worship Night and Debriefing
	11:00 pm	Lights Out
<u>Friday</u> (Day 6)	6:30 am	Breakfast and Devotions led by group leader
	7:30 am	Small groups of 7 to 10 depart for East Bay sites
	6:30 pm	Dinner at Thai Restaurant
	8:00 pm	Final Debriefing and Evaluations
	11:00 pm	Lights Out
<u>Saturday</u> (Day 7)	7:00 am	Breakfast
	8:00 am	Closing, clean and pack-up
	9:00 am	Send-off prayer and depart for home

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****See previous page for San Francisco****

CSM Toronto Sample Schedule

<u>Sunday</u> (Day 1)	5:00 pm	Arrive at CSM housing, unpack, and have orientation
	6:30 pm	Dinner at Jamaican Restaurant
	7:30 pm	Depart for Prayer Tour
	9:00 pm	Return to CSM housing, debrief
<u>Monday</u> (Day 2)	7:30 am	Breakfast
	8:00 am	Devotions and quiet time
	9:00 am	Depart for Good Shepherd Centre
	12:30 pm	Lunch at Somalian Restaurant
	1:30 pm	Depart for Daily Bread Food Bank
	4:00 pm	Return to CSM housing, rest, clean up
	5:30 pm	Depart for Christian Community Centre for Street Walk orientation
	6:30 pm	Street Walk
	9:30 pm	Return to CSM housing, debrief
<u>Tuesday</u> (Day 3)		Repeat morning schedule from Day 2
	12:00 pm	Lunch at Good Shepherd Centre
	1:00 pm	Return to CSM housing, orientation for Salvation Army 614
	2:00 pm	Depart for Salvation Army 614 to collect garbage in Regent Park
	4:30 pm	Return to CSM housing, clean up
	5:30 pm	Dinner at Indian Restaurant
	8:00 pm	Return to CSM housing, Praise and Worship
<u>Wednesday</u> (Day 4)		Repeat morning schedule from Day 2
	12:00 pm	Lunch at Good Shepherd Centre
	1:00 pm	Return to CSM housing, make lunches for Sandwich Run
	3:30 pm	Depart for Ethnic Plunge in China Town
	5:30 pm	Dinner at Chinese Restaurant
	7:00 pm	Sandwich Run with Ekklesia Ministries. Take sandwiches to the homeless
	9:30 pm	Debrief at Tim Horton's
	10:00 pm	Return to CSM housing
<u>Thursday</u> (Day 5)		Repeat morning schedule from Day 2
	12:00 pm	Lunch at Good Shepherd Centre
	1:30 pm	Depart for Fudger House Nursing Home
	4:00 pm	Return to CSM housing, Evening Off
<u>Friday</u> (Day 6)		Repeat morning schedule from Day 2
	12:00 pm	Lunch at Good Shepherd Centre
	1:00 pm	Depart for Double Take Used Clothing Store
	4:00 pm	Return to CSM housing, clean up
	5:30 pm	Dinner at Greek Restaurant
	6:30 pm	Debrief/Final Challenge at "The Beaches"
	10:00 pm	Return to CSM housing
<u>Saturday</u> (Day 7)	8:00 am	Breakfast
	8:30 am	Devotions and quiet time
	9:00 am	Clean up, pack up, evaluations
	10:00 am	Depart for home

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